Online workshop information

Due to the current challenges of meeting face to face for group learning, CPPE has developed a series of online workshops.

These workshops are live online e-workshops which will be similar to attending one of our workshops - but from the comfort of your home! These events are run by CPPE e-tutors who will ensure you have a fun, interactive learning experience. You will have the opportunity for discussions in small groups as you do at our face-to-face workshops. Some of the benefits of this type of learning are:

* you can take part at home or your workplace while still learning with others
* there is less time and cost involved as there is no need to travel
* you can choose to attend any of the online events - you will not be restricted by location

A wide range of dates are available to book

**COPD**

This learning programme aims to enable you to interpret and apply clinical guidance to support people living with COPD. You will consider how to optimise their treatment and use a person-centred approach to empower people living with COPD to self-manage their condition. #CPPEcopd

For more information and to book visit <https://www.cppe.ac.uk/programmes/l/copd-ew-01>

**Deprescribing**

This learning programme will explore how all pharmacy professionals can contribute towards safe and appropriate deprescribing of medicines. Learning objectives include

* recognise a person-centred approach to deprescribing that considers the patient’s perspective and experiences
* explain the importance of a collaborative approach involving the patient and the multidisciplinary team in the deprescribing process
* apply a stepwise approach to the process of deprescribing from identification through to reducing or stopping a medicine
* model their learning to real-life examples from their practice.

For more information and to book visit <https://www.cppe.ac.uk/programmes/l/deprescribe-ew-01>

**Emergency Contraception** The aim of this programme is to enable pharmacy professionals to acquire the knowledge, develop the skills and demonstrate the behaviours needed to provide high-quality emergency contraception services as part of their pharmacy practice. It is an opportunity to hear from an expert in contraception and sexual health, to reflect on your current practice and share with your colleagues.

For more information and to book visit <https://www.cppe.ac.uk/programmes/l/ehc-ew-01>

**Medicines optimisation in care homes essential skills** The aim of this event is to support clinical pharmacy professionals working in primary care to develop the knowledge, skills and confidence that needed to implement strategies to optimise medicines use for people living in care homes.

Learning objectives include

* work with local health and social care providers to improve outcomes for older people living in care homes
* prioritise care homes residents for structured medication review
* undertake person-centred structured medication reviews
* advise on the appropriateness of low-dose antipsychotics for people with dementia
* assess the safety and clinical appropriateness of medicines in frail older people
* deal appropriately with a request to crush tablets in those with swallowing difficulties.

For more information and to book visit <https://www.cppe.ac.uk/programmes/l/cpgpem3-ew-01>

**The Mental Capacity Act 2005 and covert administration of medicines**

The aim of this e-workshop is to develop your knowledge and skills to help you manage and optimise care for patients who might lack mental capacity to make a specific decision relating to their medicines at a given point in time.

#CPPEmentalhealth

For more information and to book visit <https://www.cppe.ac.uk/programmes/l/mentalcap-ew-01>

**Supporting patients living with dementia** The overall aim of this programme is to apply your knowledge and skills to help you manage and optimise care for patients living with dementia and their carers.

Learning objectives include

* outline adjustments you and your practice team could make to improve general practice consultations for patients living with dementia and their family/carers
* discuss the issue of anticholinergic burden in patients with dementia and be familiar with the tools used to calculate anticholinergic burden
* consider the use of antipsychotics in dementia and your role in ensuring they are prescribed appropriately
* signpost patients and their carers to local support services
* become a Dementia Friends Champion and engage your practice with the initiative.

For more information and to book visit <https://www.cppe.ac.uk/programmes/l/suppptsdem-ew-01>